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Your essential daily news | WEDNESDAY, AUGUST 5, 2015

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Chris Hyndman, right, seen with husband and business partner Steven Sabados, was found dead in Toronto on Monday. CBC

REMEMBERING CHRIS

TORONTO LOSES HALF OF BELOVED TV DUO

metroLIFE

A/C not OK for women

GENDER

Research finds office climates optimized for male workers

There may be no snow on the ground, but in offices across the city, women are saying it feels like Christmas in August.

They are wrapping themselves in blankets and plugging in heaters to counter the air-conditioned chill in their cubicles.

Yes, women have long suspected the gender divide encompasses air conditioning. Now, after years of grumbling, science suggests that might be true.

A recent study says that "females prefer a higher room temperature than males in home and office situations," but thermostats in offices are still set to satisfy the average 154-pound, 40-year-old man whose comfort was a priority in the 1960s when standards were drawn up.

Researchers at Maastricht University in the Netherlands looked at women who work while seated and wearing light clothing. The researchers found the women had metabolic rates 20 to 32 per cent lower than males for whom air conditioning levels are set.

Their findings don't surprise Dr. Paula Harvey, interim chief of medicine at Toronto's Women's College Hospital, who keeps two scarves and an extra jacket behind her own office door.

Sometimes, she said, the difference in the way that men and women perceive temperature comes down to the way they dress — women are more likely to have bare legs and sleeveless blouses, while the dress shirts, suits and pants worn by men cover more skin.

Plus, she said, most men have a higher metabolic rate than women, which often means a higher body temperature.

TORSTAR NEWS SERVICE

THE BOLD NEW CAMRY
toyota.ca
TOYOTA

Toronto home prices continue to soar to $1.04 million average price... Who Cares?

As home prices continue to rise in Toronto, this Canadian Real Estate Millionaire wants to share his new way for creating passive income through real estate with you. He'll even let you use his investment fund to finance up to 95% of your income property!

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Once you start using his system, the profits and passive income are amazing. It's simple to do, and it happens fast when you know his "insider" secrets. And you don't have to quit your job – but you may decide you want to!

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And if you have ever wanted to explore real estate investing, but were concerned about the high prices and bloated GTA market, then you're going to love this FREE training!

This Mystery Multi- Millionaire's system lets you get profit-generating properties – in major US tourist areas – for less than 5% down!

This event deserves your attention, and here are just a few more reasons why you need to attend:

- The plunging Canadian dollar makes for uncertain economic times...you need to take control of your life NOW.
  - Average Canadian is $124,838 in debt with over $10,000 in credit card debt.
  - Over 70% of Canadians believe they will have to work past the traditional retirement age.
- Sometimes it isn't what you know, it's who you know – and when you know this Multi-Millionaire you'll also have access to his network of people and funds that can help you succeed in real estate.
- You care about your family, and you want the best for them. This event will open your eyes to all you can really do for the people you love when you are finally the master of your financial success.
- His strategies are for everyone, even if you have absolutely no experience in buying or selling properties.

He has already shown hundreds of people just like you the ways to invest successfully in real estate – especially when the bottom is falling out of their home market – and his students' success just makes his success even greater. He's breaking his back to share his system because it works – and it can work for you.

This will be the best 2 hours of your life, but you have to register to get your seat at this event. Let this Multi-Millionaire give you his step-by-step system for real estate success. Claim your seat now and get a bonus gift, your **Million Dollar Investor Tool Kit for FREE! (A $187.00 value!!)**

You're asking – who is this Multi-Millionaire, and why does he want to help me? He can tell you himself...

If you're working hard these days without enough to show for it, I understand. I used to work hard myself – the 18-hour days – the 7-day weeks. I was a struggling musician – a concert pianist – trying to provide for my 4 kids in Montreal. I got married at 18 and had those 4 kids by the time I was 23, and I wound up a stay-at-home dad (not by choice!). But I never made real money until I discovered the secrets of investing successfully in US real estate – and then I was able to work a lot less.

Once my friends saw how well I was doing, they all wanted to get involved. It's funny – for 6 long struggling years, I had no friends, I was the crazy "black sheep" of the family who always needed to get a REAL job, and suddenly, they were all asking ME for advice!

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— Steeve R., Montreal, QC

"I was afraid to make offers or even talk to people about Real Estate, but Marco made me feel so brave and I did it!, I bought my first house for $170,000 and now it's up for sale for over $220,000. I will make almost $50,000 when it closess." — Lana, Mississauga, QC

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— Cliff

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— Stephen

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Mormons publish first photos of 'seer stone.' World

The Quay to frustration

TRAFFIC

Cutting-edge lights system causing a headache

Jessica Smith Cross
Metro | Toronto

Waterfront Toronto is tweaking the "cutting-edge" system that controls traffic lights along the newly revitalized Queen's Quay.

While the $129-million revitalization has wowed with its attractive design, the re-opening of the key downtown street has been accompanied by reports of confused or frustrated people breaking traffic laws.

The cutting-edge system uses infrared cameras to control the lights. Installed at each of the 10 intersections, the cameras detect when cars are waiting to come onto Queen's Quay from the north or south and only then trigger the lights to change.

The new "really super-sophisticated traffic signalization system" is all about getting traffic — both cars and pedestrians — moving east-west as efficiently as possible, Waterfront Toronto project manager Pina Mallozzi said.

> **Any pedestrians who are frustrated by cyclists, it's an adjustment ...**
> Mire Shenker

The newly designed Queen's Quay has lanes for cars, streetcars, pedestrians and cyclists. A high-tech system of traffic lights meant to control all the movement is being tweaked for a smoother ride. TORSTAR NEWS SERVICE FILE

But, problems with the way some cameras were set up have prevented them for detecting vehicles. While they were being fixed, officials changed the system so the lights in Queen's Quay would turn red every cycle, to avoid leaving people waiting for a green light that may never come. That led to more frequent, longer red lights on Queen's Quay.

Today, all but the cameras at Spadina have been fixed.

Reports of people becoming frustrated or running red lights is "anectodal at best," Mallozzi said. Those anecdotes have, however, been shared somewhat widely since a video circulated last week of a pedestrian — allegedly angry with people running red lights — hitting a cyclist in the nose.

Most importantly, though, people need to be patient as everyone gets used to the new street, said Waterfront Toronto communications manager Mire Shenker.

"Any pedestrians who are frustrated by cyclists, it's an adjustment to a change to their street. And the cyclists who are running the reds also need to adjust," she said.

Traffic lights along Queen's Quay are controlled by infrared cameras but some haven't been working. LIZ BEDDALL/METRO

LABOUR

Immigrant workers owed wages

In one of the largest cases of its kind, the Ministry of Labour has ordered the owners of a number of Toronto-area businesses, including four now-closed Chinese restaurants, to pay employees more than $675,000 in wages owed to them.

A group of 68 immigrant workers at the Regal restaurant chain were denied their pay in a variety of ways, according to evidence provided by the workers and accepted by the ministry.

Often they were misclassified as liquor servers, who are not entitled to full minimum wage in Ontario. Some routinely received paycheques that bounced. Others simply weren't paid for months on end, the ministry found.

All told, the ministry found the restaurants' bosses owed workers $676,693.79 in basic salary, overtime, public holiday pay, severance pay and termination pay.

"They are not high-paid workers to begin with, and yet they are owed that much," said Avvy Go, whose Metro Toronto Chinese and Southeast Asian Legal Clinic represented the bulk of the claimants.

Claims were filed against six businesses owned by Ellen Pun, who workers said was their main boss, and Patsy Lai. The four Regal restaurants have since closed, but the ministry's year-and-a-half investigation found that the two women operated a series of at least 19 related companies.

TORSTAR NEWS SERVICE

Police seek help to ID suspects

MUZIK NIGHTCLUB

Public is asked to share their accounts of fatal shootings

Police investigating a "brazen" fatal shooting at a heaving Toronto nightclub during a party hosted by Canadian rapper Drake are calling for witnesses to come forward.

Two people were killed and three others were injured after shots were fired early Tuesday at the Muzik nightclub, where thousands of people were partying. The area around the club already had a heavy police presence due to the size of the crowd.

"This was a brazen, large-scale ongoing firearm incident and our officers and members of the public were directly in the line of fire," said Deputy Police Chief Peter Sloly. "We were very lucky that this was not a larger body count, quite frankly."

Sloly said officers responded to a call about shots fired inside the nightclub at about 3:15 a.m.

Police closed off a large area surrounding the Muzik nightclub on the CNE grounds after an early-morning shooting on Tuesday. The club was hosting an after-party for Toronto-born recording artist Drake's OVO Fest. BERNARD WEIL/TORSTAR NEWS SERVICE

As officers were rushing into the club where they encountered a "crush of people" fleeing the scene, a second series of gunshots was heard from an area north of the venue, police said.

The first officer to arrive at that area found a woman who had been shot. The officer was able to administer CPR to her before she was rushed to a hospital where she died, police said.

> **Five people were shot today and that's just unacceptable.**
> Insp. Peter Moreira

Inside the nightclub, police found one man who died after being shot on an outdoor patio.

Another man and a woman were found injured with gunshot wounds at the club, while a third man was found with a gunshot wound several blocks north of the venue after he flagged down an ambulance, police said.

Hours later, police said they wanted to speak with two persons of interest.

One of them was believed to be related to the scene inside the nightclub and was described as a black man 25 to 26 years of age, about six feet in height with a fresh buzz cut, wearing a light purple crew-neck sweater with a colourful design on the front and dark blue jeans.

The second man was described as a brown man with a skinny build, aged 24 to 28 years, about 5 feet 10 inches tall, wearing a yellow and burgundy plaid button-up shirt.

Police asked for the public's help identifying the two men and asked for witnesses to share their accounts of what had happened in and around the club.

"Five people were shot today and that's just unacceptable," said Insp. Peter Moreira.

"This is a cowardly act where the perpetrators rely upon the fear and silence of a great number of people there to continue to lead this kind of life and that concerns us. It's something our investigators are well aware of."

The nightclub was hosting the official OVO Fest after-party featuring Toronto rapper Drake.

Toronto Police Supt. Frank Bergen said the victims of Tuesday's shooting were in their 20s and 30s.

Muzik's owner, Zlatko Starkovski, said the club is co-operating with authorities.

Police said it was unclear how a gun got into the club with such tight security and so many officers outside, but noted that the large area also has a pool that is surrounded by a fence, but "is not airtight." THE CANADIAN PRESS

73

In a statement, Muzik said it had 73 professional security guards on duty for the party, including 15 specially-trained guards performing body searches on all patrons, and 10 armed Toronto police officers on paid duty.
TORSTAR NEWS SERVICE

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5 THINGS TO KNOW ABOUT THE NEW RAPTORS UNIFORMS

The Toronto Raptors' new uniforms have stirred up a mix of praise and criticism. An overarching theme in the new duds — the last piece of a larger redesign of the team's image — seems to be an emphasis on representing Canada as opposed to Toronto. Here's some things every Torontonian should know about the new look. GILBERT NGABO METRO

The Raptors' home (white) and away (red) uniforms that will hit the court this season. NBA.COM

1 No more Toronto

The front the new jerseys screams Raptors instead of the traditional Toronto. But the shorts reflect T.O., with either side having a stitched T and the team's new logo forming an O beneath it.

2 We The North Everywhere

At the waist-level hem of the jersey is an upside-down tag with the slogan. It will be visible to players when they tuck in their jersey, and will serve to remind them of what they represent, the team said. Chevrons on the side of the jersey have also been flipped to point upwards or, in keeping with the theme, north.

Alternate road uniforms with gold and red trim. NBA.COM

3 Fabric

The uniforms are made of a different material than the old ones. The team describes the new fabric as a "specially engineered mesh" with a subtle design that emphasizes a "more aerodynamic feel" and follows the contours of players' bodies. Anything that's aerodynamic is great in basketball, right?

4 Team Canada

There's a maple leaf on the front waistband of the shorts, tying the look to the nation.

5 Team Effort

The final product was designed in a collaboration between ad agency Sid Lee, OVO and the Raptors. Adidas produces all team uniforms once designed.

We need a government that WORKS FOR US

Tomorrow federal party leaders will hold their first televised national debate in advance of the October 19 election.

We need a government that will take action on the issues that matter most to us.

- There are 1.3 million officially unemployed people in Canada. The quality of jobs is worse than it has ever been.
- There are fewer young people working today than in 2006, when the Harper Conservatives took power.
- The Harper Conservatives' plans for health care will result in a $36 billion funding shortfall over 10 years, meaning longer wait times and cuts to services.

Stephen Harper has a lot to answer for.

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Lawyer tests his mettle

MARATHON SWIM

McIsaac wants to join others who swam across the lake

Gilbert Ngabo
Metro | Toronto

Michael McIsaac is preparing to hit the open waters and attempt the longest swim of his life.

McIsaac, a corporate lawyer from Toronto, will set out Aug. 21 to add his name to the list of people who've made the 51-kilometre swim across Lake Ontario from Niagara-on-the-Lake to Marilyn Bell Park in Toronto.

The marathon swim, which McIsaac's dubbed Crossing for a Cause, is an awareness campaign in support of the Douglas Wright Foundation.

Wright died of melanoma in 2011, just shy of his 30th birthday.

McIsaac knew him through a friend and was inspired by his story.

"Knowing somebody who was young and energetic and lost his life to melanoma really strikes home," the swimmer said. "I look at my generation and what we can do today is to let the younger generations be aware of this threat."

> **I feel physically great and prepared ... I've never felt faster and stronger on the water**
> Michael McIsaac

A triathlete, the 32-year-old is already well versed in meeting tough physical challenges. Still, he's been training exclusively for the swim since last August.

During winter, McIsaac spent at least two hours a day in the pool. Warm weather meant transitioning to the open water where he's been racing against boats and kayaks manned by his friends.

Then, on the weekends, McIsaac really kicks it up a notch — spending upwards of five hours a day in the water.

"I feel physically great and prepared," he said. "This is not like a combat sports. I mean the training takes a lot from your body and emotionally it's very difficult, but overall I've never felt faster and stronger on the water."

51K SWIM CHAMPS

A number of people have completed the swim from Niagara to Toronto.

At 14, Trinity Arsenault became the youngest person to make the trek in 2014.

Others include Marilyn Bell in 1954, Vicki Keith who has done it four times, and Trinity's mother, Christine Arsenault, who completed the swim in 2011.

CALL TO ACTION

- Michael McIsaac is hoping to raise $100,000 through his swim.
- You can donate by visiting crossingforacause.com.

Michael McIsaac is planning to swim 51 kilometres across Lake Ontario for charity. CONTRIBUTED

ELECTIONS

TDSB chairman resigns

The chairman of Canada's largest school board has resigned from the top job and is taking a leave of absence as trustee as he focuses on running for MP in this fall's federal election.

Shaun Chen is vying to represent the new riding of Scarborough North for the Liberals.

It's expected the Toronto District School Board will call a meeting next week to vote on a replacement for Chen, who has been a trustee for nine years and chair for one.

The only candidate expected to run to replace him is Robin Pilkey, first elected last fall to represent Parkdale-High Park. Pilkey, a chartered accountant, said because she is new she would bring a fresh eye to issues and wants to work collaboratively with all trustees around the board table.

Whoever takes the helm faces a tough few months, with a report on the board's future coming from Barbara Hall in August and labour turmoil on the horizon when school resumes. TORSTAR NEWS SERVICE

Bublcam snaps to the future

PHOTOGRAPHY

360-degree technology may influence virtual reality market

Sean Ramsay, founder and CEO of Bubl Technology Inc., shows off the Bublcam at his company's Toronto headquarters. NATHAN DENETTE/THE CANADIAN PRESS

Snapping the perfect photo of an unforgettable moment can be a challenge when you're an amateur photographer, but Sean Ramsay says his new camera will forever change how we think about taking pictures.

The Toronto developer has created Bublcam, a baseball-sized camera that uses 360-degree image capture technology to put you back in the middle of life's biggest events, whether it's a family wedding or a little league baseball game.

"We use a camera to capture those moments that mean a lot to us," the founder of Bubl Technology said. "The best way we can share that information is by capturing every possible angle."

While Ramsay says the Bublcam won't replace traditional point-and-shoot cameras any time soon, he's optimistic about how it could influence the fast-developing world of virtual reality, which after years of being little more than a dream is finally starting to make progress into the consumer market.

Bublcam takes both pictures and video in a spherical range — from the sky to the ground, which creates a new experience for photographers who feel constrained by panoramic shots.

"It's the idea of being inside a moment where you could investigate it over time," Ramsay said. "If you want to recreate a moment where people feel like they're really there, this is the best way to do that."

While Bublcam is still in a beta phase, the camera began shipping its first units a few weeks ago.

They sell for $799 U.S. through the company's website, though Ramsay said he believes there are opportunities to truly break into the mainstream consumer market if he can get the price closer to $499 per unit.

THE CANADIAN PRESS

> **It's the idea of being inside a moment where you could investigate it over time.**
> Bubl Technology founder and CEO Sean Ramsay

HOW IT WORKS

- Video captured by a Bublcam is almost overwhelming at first glance because each shot has practically the same amount of detail as a real-life moment.
- The four lenses grab images and lace them together for the viewer to create a realistic version of a natural environment.
- Once it's loaded onto a computer, you can scroll across the moving image with your mouse, quite like exploring the virtual world on Google Maps.

THE CANADIAN PRESS

ORILLIA

Still no charges for OPP officer

Ontario's police watchdog has decided for a second time not to lay charges against an OPP officer who left an Orillia woman with what a judge described as "catastrophic" injuries.

Tonie Farrell, 49, suffered a broken bone following an altercation with Sgt. Russell Watson in April 2013. She told Torstar News Service last year that she now walks with a cane.

Farrell was initially charged with assaulting Watson by grabbing his lapel, and testified at her trial that she was trying to help him catch the people who had apparently assaulted a woman behind a convenience store.

Ontario Court Justice George Beatty acquitted her in December, saying she was simply a "good samaritan." The Special Investigations Unit reopened its investigation in March following Beatty's ruling and a public outcry.

TORSTAR NEWS SERVICE

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IN BRIEF

Toronto burglar laid with seven robbery charges

Police have charged a 37-year-old man in relation to a spate of bank robberies in Toronto.

Last Wednesday a bank was robbed in the city's west end before a suspect was arrested on the subway by transit police. Ivan McManus, of no fixed address, has been charged with seven counts of robbery.

THE CANADIAN PRESS

Man kills father in Oshawa

A 53-year-old man has been charged in the death of his father in Oshawa.

Durham Regional Police say they were called to a home, where they found a 76-year-old man with multiple stab wounds and no vital signs.

They say they tried to revive Walter Sollows, but he was later pronounced dead at a nearby hospital.

Clyde Sollows has been charged with first-degree murder. THE CANADIAN PRESS

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OTTAWA

Fake soldier says he's sorry

A man who pleaded guilty to wearing a fake soldier's uniform on Remembrance Day must do 50 hours of community service for impersonating a member of the Canadian Armed Forces.

Franck Gervais, 33, made an emotional apology during his sentencing hearing in an Ottawa courtroom on Tuesday.

"I understand and realize that my actions were wrong, misguided and inappropriate," said Gervais. In wearing the uniform, he intended to honour, not insult, the veterans, he said.

Gerry Wharton, a retired major who served 32 years in the Canadian Armed Forces, told the courtroom he believes Gervais was genuinely remorseful.

"Right from the very beginning, within five minutes, I was very impressed with Mr. Gervais's remorse and appreciation for what we were doing," he later told reporters.

LUCY SCHOLEY/METRO OTTAWA

PM dangles tax credit

FEDERAL ELECTION

Tories promise home reno tax break when economy allows

Stephen Harper has delivered the first big-budget promise of the Conservative election campaign: a permanent home-renovation tax credit that will cost taxpayers $1.5 billion a year once implemented.

However, Harper says the credit — a more modest version of a temporary credit the government first introduced in 2009 — won't be introduced until economic circumstances permit, perhaps the middle of a Tory mandate.

While the original credit applied to renovation costs of up to $10,000, the ceiling for the permanent credit has been lowered to $5,000.

Speaking at a campaign event in Toronto, Harper said the credit, which would apply to renovation work done on houses, cottages and condominiums owned for personal use, would also help to create jobs in the construction sector and pump billions of dollars back into the Canadian economy.

Some three million Canadians have taken advantage of the opportunity to make renovations in the last six years.

"Young parents renovated rooms as nurseries, empty-nesters converted rooms for other uses, older Canadians made changes to remain independent in their own homes," Harper said.

Meanwhile, Liberal Leader Justin Trudeau unveiled the Liberal campaign bus at an early rally in Mississauga, Ont., while the NDP's Tom Mulcair was scheduled to attend an event later Tuesday in Montreal.

THE CANADIAN PRESS

Prime Minister Stephen Harper picks up chicken wings while grocery shopping with his son, Ben, on Tuesday in Toronto. PAUL CHIASSON/THE CANADIAN PRESS

> **Young parents renovated rooms as nurseries ...**
> Prime Minister Stephen Harper

ABBOTSFORD, B.C.

City, not homeless, at fault: Lawyer

The City of Abbotsford is wrong to criminalize the homeless with bylaws that prohibit people from setting up camps in public spaces, a lawyer argues.

David Wotherspoon, with the Pivot Legal Society, said the city has discriminated against the homeless through various measures including dumping chicken manure on an encampment.

He wants a B.C. Supreme Court judge to declare such tactics unconstitutional.

The city is blaming the homeless for leaving human waste at camps but isn't providing needed services, Wotherspoon told Chief Justice Christopher Hinkson on Tuesday.

"People make garbage, people have to urinate, people have to defecate. They have to do it somewhere," he said.

"Blaming Abbotsford's homeless for the existence of those circumstances is, effectively, blaming the victim," said Wotherspoon. THE CANADIAN PRESS

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Two killed, 32 to hospital as storm fells circus tent

INVESTIGATION

Unclear why show went on during weather warning

Fire officials said Tuesday it's not clear why a circus operator in eastern United States proceeded with a show minutes after the National Weather Service put out a severe storm warning.

Strong winds collapsed the circus tent, killing two spectators and sending about 32 others to hospitals.

New Hampshire's fire marshal Bill Degnan said it's the responsibility of the circus operator to monitor the weather.

The show started seven minutes after the storm warning Monday afternoon some 90 miles (145 kilometres) north of the state capital Concord.

The storm blew through with about 100 people inside the tent.

"I see these very large metal poles that are in the ground and go through the top of the tent; I see them starting to come out of the ground and fly up, into the air toward us," witness Heidi Medeiros, attending with her three-year-old son, told a local TV station. She said 10 to 30 seconds later, the pole slammed onto the bleacher where she and her son had been sitting.

The circus operator, Florida-based Walker International Events, did not provide immediate comment.

Walker's president, John Caudill Jr., has a history of transgressions, primarily while operating another company, Walker Brothers Circus, Inc.

A decade ago, Caudill and his associates agreed to pay a $25,000 fine for a series of violations while operating without an Animal Welfare Act license. THE ASSOCIATED PRESS

Investigators inspect the site of a circus tent that collapsed Monday during a show by the Walker Brothers International Circus at the Lancaster Fair grounds in Lancaster, N.H. Tuesday.
JIM COLE/THE ASSOCIATED PRESS

SANDRA BLAND

Family sues police

The family of a black woman found dead in a Texas jail three days after a confrontation with a white state police officer filed a wrongful-death lawsuit Tuesday against the officer and other officials, saying it was a last resort after being unable to get enough information about the case.

Sandra Bland, a Chicago-area woman, died by what authorities say was suicide in her Waller County jail cell on July 13. Her family and others previously questioned that, and criticized the trooper who stopped her for failing to signal a lane change.

The lawsuit contends Encinia falsified the assault allegation to take Bland into custody, that Waller County jail personnel failed to keep her safe and free from psychological injury or harm, and that she was placed in a cell "with a variety of inappropriate items for a jail cell, including a large garbage can, garbage bags, exposed beams, cords, and other items." THE ASSOCIATED PRESS

IN BRIEF

Prison inmates fight over drone-dropped drugs

A drone dropped a package of drugs into a prison yard while inmates were outside, sparking a fight, prison officials said.

The package was dropped July 29 at the Mansfield Correctional Institution in Ohio. It contained almost a quarter of an ounce (seven grams) of heroin, over two ounces (57 grams) of marijuana and more than five ounces (140 grams) of tobacco, JoEllen Smith, a spokeswoman for the Department of Rehabilitation and Correction, told the Mansfield News Journal.
THE ASSOCIATED PRESS

Jamaica to hold first gay pride celebrations

Jamaica's LGBT community is holding its first gay pride celebrations on the Caribbean island, which is typically described as the region's most hostile to homosexuality.

Jamaican gay rights activists say the events are a clear sign that tolerance is expanding in Jamaica even though long-standing laws criminalizing gay sex between men remain on the books. THE ASSOCIATED PRESS

RELIGION

Mormons publish pic of sacred stone

The Mormon church for the first time is publishing photos of a small sacred stone it believes founder Joseph Smith used to help translate the story that became the basis of the religion.

The pictures of the smooth, brown, egg-sized rock are part of a new book that also contains photos of the first printer's manuscript of the Book of Mormon. Officials with The Church of Jesus Christ of Latter-day Saints unveiled it Tuesday at a news conference in Salt Lake City.

It's the religion's latest step in a push to be more transparent about its history and tenets. The church's effort in recent years to be more open about its past was triggered by the religion's increasing prominence as its membership tripled over the past three decades to 15 million worldwide today. Questions emerged about the burgeoning faith, with some criticizing it for being secretive about its beliefs and practices.

RICK BOWMER/THE ASSOCIATED PRESS

Mormons believe that 185 years ago, Smith found gold plates engraved with writing in ancient Egyptian in upstate New York. They say that God helped him translate the text using the stone and other tools, which became known as the Book of Mormon.

The pictures in the new book show different angles of a stone that is dark brown with lighter brown swirls, the size and shape of an egg. The photos also show a weathered leather pouch where the stone was stored that is believed to be made by one of Joseph Smith's wives, Emma Smith.

The church has always possessed the stone, which was transported across the country during Mormon pioneers' trek from Illinois to Utah in the mid-1800s, but it decided to publish the photos now to allow people who prefer visuals to words to better understand the religion's roots, said Richard Turley, assistant church historian.

The stone will remain in the vault.
THE ASSOCIATED PRESS

Low loonie helps retailers

BACK-TO-SCHOOL SHOPPING

Canadians likely to spend more at home: Ernst & Young

The falling loonie is expected to help boost the bottom lines of Canadian retailers heading into the back-to-school season.

There will be an expected four per cent increase in back-to-school spending in Canada this year, according to global professional services firm Ernst & Young.

The lower Canadian dollar likely means consumers will be making their purchases closer to home, said Daniel Baer, Ernst & Young's Canadian retail and consumer products sector leader.

"We do expect fewer dollars to be spent cross-border. And when we say that, (we are referring to) people who physically go cross-border, but also people who shop on U.S. sites," he said in a phone interview from Montreal.

Recent universal child-care benefit payments from the federal government will also likely translate into additional disposable income for consumers to devote to back-to-school spending, said Baer. On the flip side, inflation, higher housing costs and economic uncertainty may curb the appetite among consumers to spend.

British Columbia and Ontario will lead sales, while the Maritimes and Quebec will continue to lag behind the national average, with little growth expected.

Meanwhile, Alberta and Saskatchewan, which are typically leaders in the category, are expected to post back-to-school sales in the red.

Canadian retailers may find themselves in a busy back-to-school season as a result of a weakening loonie. THE KALAMAZOO GAZETTE/THE ASSOCIATED PRESS FILE

> **We do expect fewer dollars to be spent cross-border.**
> Daniel Baer, Ernst & Young

Baer said the changes are a "big function" of how the province is performing economically. He pointed to Alberta, which previously saw a retail sales growth higher than the national average due in part to employment levels and oil prices.

"Their economy was growing that much faster because of economic activity, influx of people into the province and a very low unemployment rate," Baer said.

"Since the price of oil has declined, it's certainly had an impact in terms of the disposable income that the Alberta consumer has, but it also has an impact in terms of the economic stability that the Alberta consumer feels."

THE CANADIAN PRESS

IN BRIEF

Air Canada, other airlines ban hunting trophies

Air Canada says it will no longer carry big-game hunting trophies from lions, leopards, elephants, rhinoceros and water buffalo after the killing of Cecil the lion. Air Canada joins at least a half dozen other airlines that have banned the transportation of big-game trophies in the past two weeks, including Air France, Delta Air Lines and Qantas. Other airlines, including Emirates, Lufthansa and British Airways, brought in a similar ban in April.

THE CANADIAN PRESS

market minute

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OIL $45.74 US (+57¢)

GOLD $1,090.70 US (+$1.30)

NATURAL GAS: $2.812 US (+6.4¢)
DOW JONES: 17,550.69 (-47.51)

WOMENSWEAR

Laura files for protection

Laura Canada, an 85-year-old womenswear retailer operating 165 stores in Canada, filed for creditor protection on Friday, as it grapples with a restructuring proposal. It operates under five banners: Laura, Laura Plus, Laura Petites, Laura Plus Petites and Melanie Lyne.

According to the company's notice of intention to make a proposal, the chain has liabilities of more than $20 million.

The family-owned firm is the latest in a string of retailers in Canada to file for protection from creditors, an indication of the intense competition between bricks and mortar retailers, online retailers like Amazon and fast fashion behemoths like Sweden's H&M.

Filing a notice of intention to make a proposal does not mean all the stores will close, or that any will close. Comark, which employees more than 3,000 people at Ricki's, Bootlegger and cleo stores in Canada was able to remain open after a buyer was found; Groupe Bikini Village was purchased by La Vie en Rose after it filed for bankruptcy, saving 48 stores and 300 jobs.

Others, including Target Canada, which filed for creditor protection in January, have cut their losses and shuttered operations. So did Mexx, which filed for bankruptcy in December and closed 170 stores.

The chain, founded in Montreal in 1930, grew along with the Baby Boom generation of women as they entered the workforce.

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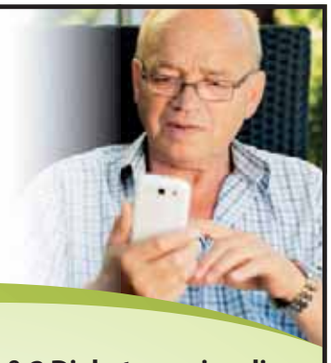

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metro VIEWS
Your essential daily news
Wednesday, August 5, 2015

metro's election explainer

Why do American campaigns start so early and cost so much?

While Canadians are busy debating the merits of an extra-long federal-election campaign, Republican candidates for U.S. president are literally debating.

On Thursday, 15 months before election night, a field of 10 presidential hopefuls will take the stage in Cleveland. Many Canadians wary of longer federal campaigns have cited the spectre of the U.S.'s interminable and money-flooded electoral process. In that light it's worth taking a closer look.

1. WHY SO LONG?
Unlike Canada, where the prime minister is the leader of the party that wins the most seats in the House of Commons, the U.S. elects its president separately from its legislators, in a vote between the nominees of the Republicans and the Democrats.

The nominees are chosen via a months-long series of state-by-state votes, called primaries, which begin in Iowa in February of the election year and run until party conventions in mid-summer.

Winning the early primaries, and thereby gaining valuable momentum that will attract the affections of deep-pocketed donors, is extremely important to the fortunes of a presidential campaign. So candidates have an incentive to promote themselves and their platforms as early as possible, and television networks therefore have an incentive to carry election coverage, including debates, well in advance of any actual voting. Hence Thursday's debate, which is being presented by Fox News and comes forth months before the first vote of primary season.

2. WHY SO EXPENSIVE?
Among other factors (e.g., an uncommonly large and spread-out electorate, a legal tradition that equates political advertising with free speech) is the fact that elections have, since 1792, been fixed to the Tuesday that falls between the 2nd and 8th of every fourth November.

Because everyone knows when the big vote will take place, campaigns and stakeholders can plan their paid publicity well in advance and raise funds accordingly.

This is what worries many Canadians, now that we have a fixed-election-date law of our own.

The election explainer is dedicated to informing would-be voters without boring them. It will appear regularly in this space throughout the campaign. What would you like explained? Email us at readers@metronews.ca.

Sweet peas: 150-year-old study offers rich reward

THE SCIENCE
Stephanie Orford

This year marks the 150th anniversary of Moravian monk Gregor Mendel's first presentation of his seminal paper on pea-plant genetics, and the effects have been mind-boggling.

Genetics has spurred discoveries across almost every scientific discipline, all cascading from Mendel's discovery of the gene, the basic unit of inheritance.

Cutting-edge genetics research is happening in Canada. Last year, researchers at the Michael Smith Genome Sciences Centre treated a Vancouver woman's late-stage colon cancer through a pilot project to tailor cancer treatments to individual patients.

The woman had enrolled in an experimental program to treat cancer according to its unique genome.

Genomics, the study of an organism's full set of genetic material, has been made more efficient through rapidly evolving technologies for DNA sequencing.

Twelve years ago it cost $2.7 billion to sequence one human genome. Now it costs about $1,000.

By decoding the genetic blueprint of the cancer patient's particular tumour, her doctors identified a protein that was crucial to its growth. They realized that this protein's actions could be stopped by a widely available blood-pressure pill.

The treatment the doctors identified put her cancer into complete remission in five weeks, and it wouldn't have been possible without genomics.

Nor would it be possible, as it now is, to prevent a child with the rare genetic condition called phenylketonuria from developing brain damage, by giving her a diet without one particular amino acid.

It's a crucial tool that will help humanity take on the biggest challenges of the coming decades

The list of tangible, appreciable benefits goes on and on.

Consider:

- Diabetics now pay less for better maintenance of their condition thanks to higher-quality insulin produced with genetically engineered bacteria.
- The Canadian canola industry has reduced its carbon emissions by one million tonnes per year since the '90s when it started planting canola crops genetically modified to tolerate herbicides.
- At the end of July, the Strategic Salmon Health Initiative — which does research assessing the health of the wild and farmed salmon we fish, sell and eat — began the implementation phase for a new technology that assesses the microbes on wild and farmed salmon. The research will ultimately help us breed farmed salmon more sustainably, with genes that make them more resistant to viruses and bacteria, and less likely to spread them to the wild population.

None of these phenomena would be possible without genetics, and the applications are endless.

Genetics research today isn't just about pea plants or the colour of your eyes. It's a crucial tool that will help humanity take on the biggest challenges of the coming decades.

Stephanie Orford is a Vancouver-based writer. The Science appears every other Wednesday.

ROSEMARY WESTWOOD

metroview

Media already bored by just-announced election campaign

At work yesterday morning, my colleagues were fretting.

Our 11-week election campaign (78 days, moaned the anal-retentive National Post) is being greeted with pre-emptive exhaustion, they said, and all the buzz of a slowly deflating balloon.

"The media already seemed bored with the whole thing," said J. "Two papers had the headlines 'And they're off.' It just sounded like jogging or something... but this is really monumental!"

"I'm more interested in Hillary Clinton than any of our people. Why is that? That's terrible!" he added.

L. blamed the media. "Hillary Clinton is more of a celebrity."

"I think people are just fascinated with American politics," A. mused.

"Well, they make a spectacle of it," I said.

"A long campaign means it's less democratic. It's more expensive to do it and thus accessible to fewer people," L. fumed. "That's a problem. That's a democratic problem." (Stephen Harper has a hefty war-chest advantage).

"I've been hearing about the Pan Am games since November, hot and heavy all the time, but an 11-week election that actually matters — and we're torn up!" A. exclaimed.

There are benefits, she said. Namely, gaffes. "In an 11-week campaign trail there are so many extra days for people to show who they are, accidentally, for Justin Trudeau to drop that baby he's juggling."

"I think we as the media should be trying to add more high drama to our politics," suggested J.

"We don't really tell the human stories," I agreed, a recent profile of "Vegas girl" NDP MP Ruth Ellen Brasseau notwithstanding.

"'I find your conversation funny, like, 'Oh, democracy — we need to focus less on policy, more on faces!'" L. snarked.

"No. Policy too," J. countered. "There's lot of big, long serious articles in the States."

"You can't have policy without the people who are advocating for it," I added.

U.S. politics has built-in drama, J. argued. "A whole bunch of people vying for the top spot on both sides, and finally just down to two, mano a mano."

"You can't do that in a parliamentary system, and parliamentary systems are actually really good because you can have minority governments," L. pointed out.

"So, OK, that piece we can't do anything about, but there's lots of other things we can do," J. said, hopefully.

The chatter came to an unresolved close. They had a paper to put out, filled with high-drama election coverage — for another 76 days.

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Your essential daily news

Blake Lively, Bruce Willis and Kristen Stewart to star in Woody Allen's next film

A novel nod to comfort food

FOOD FICTION

Debut author pays tribute to homey meals of his childhood

Melissa Dunne
For Metro

You are what you eat. This old maxim has perhaps never been as true as it is today. Starting first thing in the morning, every food and drink choice you make has become shorthand for who you are at your very core. No pressure. But, are you the type of person who grabs a double-double from the Tim Hortons drive-thru or are you the type to ride your bicycle over to the local indie café for an almond-milk latte?

Whether you live in a smaller city like Winnipeg or Halifax or a big city like Vancouver or Toronto, many Canadians now endlessly obsess over making the right food and drink choices that will ultimately communicate to everyone who follows them on Instagram: I know what food is hip and cool and current, and therefore I am hip and cool and current.

Partly in reaction to the somewhat ridiculous hipsterfication of North American food culture, J. Ryan Stradal chose to focus his debut novel, Kitchens of the Great Midwest (Penguin Random House, $28, out now) on the decidedly unhip food from his childhood growing up in a small town in southern Minnesota.

Food made from scratch is at the heart of the novel Kitchens of the Great Midwest. CONTRIBUTED

"I tried to capture the people I grew up with that I don't see represented very often," said Stradal, 39, by phone from his home in the hipster haven known as Silver Lake, Calif.

The people he grew up with, like his grandmother, could out-hipster any young hipster today, says Stradal. They cared about, and knew, where their food came from and, get this, they cooked much of it themselves from scratch.

Their interest in food rivalled that of the hipsters, but without the affectation

Ryan Stradal on the people of his Minnesota roots who inspired his novel

"Their interest in food rivalled that of the hipsters, but without the affectation," Stradal notes.

His novel about a trendy and mysterious chef named Eva Thorvald is interspersed with recipes that highlight food made with real affection, not a practised affectation. It features what is now dubbed comfort food, such as five-ingredient peanut butter bars (see recipe at right), made by people who would simply call food "food."

That's not to say Stradal thinks making classic Midwestern recipes handed down from generation to generation is, in the parlance of our times, more 'authentic' than, say, ordering organic chicken at your local gastropub.

After all, he's a Midwestern transplant who both loves the food he grew up with, and is now personal friends with celebrity chefs and lives in what Forbes once dubbed 'America's Hippest Hipster Neighborhood.'

In his life and in his book, he makes the argument there is room at the table for everything.

It's fine to pay $5 plus for an almond-milk latte made by a moody barista who dons a fedora and is writing a screenplay on the side, if that's your bag. Just make sure you also leave room for a few home-made peanut butter bars every now and then.

You are what you eat and drink, but you are, at your core, also what you have eaten and drunk, what you cook and what you have had cooked for you.

RECIPE

Pat Prager's Peanut Butter Bars

Ingredients:
- 2 1/2 cups crushed graham cracker crumbs
- 1 cup melted Grade A butter
- 1 cup peanut butter
- 2 1/2 cups powdered sugar
- 1 cup milk chocolate chips with 1 teaspoon Grade A butter

Directions:
1. Mix together the graham cracker crumbs, melted butter, peanut butter and sugar.
2. Pat into a greased 9 by 13 inch pan.
3. Melt the chips and butter and spread them on top of the bars.
4. Set in the refrigerator until firm.
5. Cut into bars.

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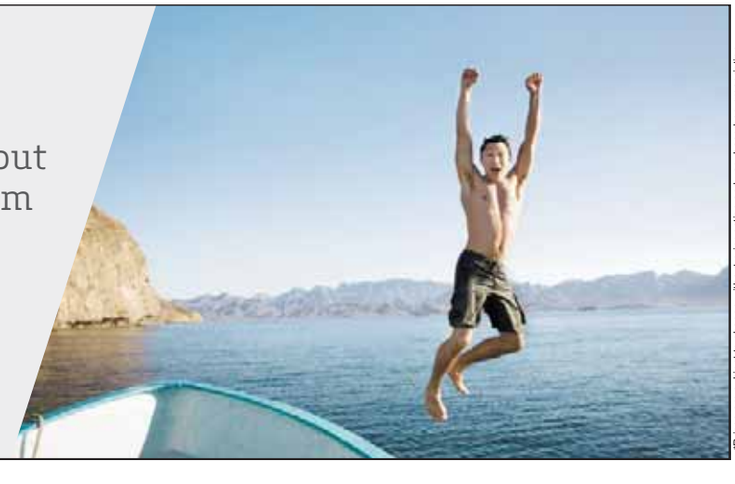

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Achin' for bacon? Don't be a turkey

NUTRITION

Brunchers be wary of strips said to be 'better for you'

WORD OF MOUTH

Theresa Albert
myfriendinfood.com

So I'm visiting at a cottage during breakfast when one man says to another, "You should switch to turkey bacon, it's better for you," and I pipe in that I, in my nutrition wisdom, disagree.

It is a common belief that has some merit if all you are assessing is calories.

You would do slightly better with the turkey bacon, but it is a highly processed food and the most popular brands are actually higher in sodium and carbohydrates (from corn syrup). I would rather see the less processed, real food grace your plate in moderate amounts.

If you really want to win the breakfast meat wars, go for peameal (a.k.a. back bacon or Canadian bacon).

Here are the stats:

Turkey bacon (100 grams or about four slices) has 382 calories, 2,285 milligrams of sodium, 3.1 grams of carbohydrates and 28 grams of fat.

Bacon (100 grams or about four slices) contains 541 calories, 1,717 milligrams of sodium, 1.4 grams of carbohydrates and 42 grams of fat. Cook until crispy and drain on paper towel to reduce your bacon's fat content.

Peameal bacon (100 grams, about two thick slices) has 157 calories, 904 milligrams of sodium, 1.7 grams of carbohydrates and seven grams of fat.

The truth is that any of these are once a month choices, not twice a week options.

Highly salted, fried meat will never make it into nutrition heaven but it sure makes a cottage smell like it should.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food.

DRINKS

Cocktail chemistry: Mixing a margarita

LIQUID ASSETS

Peter Rockwell
@therealwineguy

Chemistry was never my strong subject, so when it comes to cocktail construction I'm more than happy to cheat.

Take the Margarita. Invented in Mexico back in 1941, it proved the perfect conduit to bring tequila into the mainstream.

While you don't need to be a rocket scientist to piece together tequila, orange liqueur and lime juice, I've choked down more than a few sad attempts because I just couldn't get the flavour right.

I find using a white tequila like the silky, blue agave-based Sauza Tequila Silver ($28.98-$34.99) creates the best flavour balance.

I've had the most trouble finding the lime juice component. Squeezing my own isn't on the agenda, so I've tried just about every supermarket brand with varied success.

My favourite by far is from the Bacardi Mixers line. Non-alcoholic, you can find it in the frozen juice section. Blend with the booze and some ice, and you're good to go.

Prices reflect the range across the country. Some products may not be available in all provinces.

IN BRIEF

Splendours of spinach

Found in spinach, thylakoids could curb cravings when consumed in a concentrated formula, according to a new study. Thylakoids are found in the cells that conduct photosynthesis — the process in which plants convert energy from the sun into energy for them to live. When consumed, they release satiety hormones, which slows fat digestion, according to the study, published in the Journal of the American College of Nutrition. RELAXNEWS

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CHEAP EATS

Healthy eating and drinking is cheaper than you think

You might think you can't afford to eat well, so you stock your shelves with the cheap and processed stuff, like packaged ramen noodles.

Leanne Brown, a graduate of New York University's masters program in food studies and policy, however, proves anyone can afford to eat healthy food in her book Good and Cheap: Eat Well On $4/Day, a guide to eating nourishing, fresh food a budget.

In Good and Cheap, Brown argues that limited funds shouldn't hold you back from eating well because when you're armed with cooking ability, a dash of creativity, and incorporate a bit of planning, the options are endless.

The book doesn't illustrate a strict meal plan, but provides a diverse range of "simple, real food" options centred on fruits and veggies, which you can tailor to your own tastes, or use to spark ideas of your own.

It's got recipes for everything from savoury breakfasts, to sauces, desserts and smoothies. It features grocery shopping tips, pantry must-haves, kitchen equipment basics and a guide to repurposing leftovers.

Check out three of Brown's tips.

Even fruit juices usually contain a lot of sugar. ISTOCK

Skip sugary drinks

You already know soft drinks are straight-up bad for you, but even fruit juices contain a ton of sugar without the benefits of fibre from the whole fruit. When on a limited budget, why spend your funds on something that doesn't benefit your body?

As Brown writes, "Except for milk, most packaged drinks are overpriced and deliver a lot of sugar without filling you up the way a piece of fruit or bowl of yogurt would."

So nix the drinks and stick with water. If you're looking to mix things up a bit or want something a little sweeter, indulge those cravings by throwing in some chopped fruit, making a smoothie, or drinking tea.

Ask what's in season

If you buy fruits and vegetables out of season, you're usually paying more money for lower quality produce, Brown says.

Instead, stick to buying produce in season, and look for canned or frozen items when out of season. Brown suggests looking for deals on quality zucchini near the end of summer, and stocking up on oranges in December and January.

Buy in bulk

When shopping for foods you eat regularly, or ingredients you'll be able to use in multiple meals, buy in bulk whenever possible, Brown says.

"Buying larger amounts of one item can usually bring down the price per unit. When you're working within a tight budget, you won't always be able to afford to shop for the future, but you should do it when you can."

RACHEL KASHDAN/METRO IN NEW YORK

3 JON STEWART'S 3 MOST MEMORABLE CANADIAN DIGS

After more than 16 years of side-splitting news mockery, Jon Stewart will host his last episode of The Daily Show Thursday night. Scattered among wise cracks about right-wing Fox News and some stellar interviews, Stewart occasionally ribbed us Canadians, too. Here are three of his most memorable Canadian digs. BRIAN GASPAREKO FOR METRO

GETTY IMAGES

Gold medal hockey rant

After both the Canadian men's and women's hockey teams defeated their U.S. counterparts for gold at the 2010 Winter Olympics in Vancouver, Jon Stewart gave a hilariously insincere congratulations to our nation. "They truly are good ... at hockey. You truly are the kings and queens of the ice."

Then he warned, "The one caveat that I would like to mention is that spring is coming. And then the thaw! Then you're back on terra firma! And when the ice is gone, good luck at beating us at ...roller hockey, or whatever the heck you do then."

An extra special message just for geo-blocked Canadian viewers

Canadians love Jon Stewart and always want to watch blogged-about Daily Show clips online immediately. But they're always geo-blocked.

After several complaints, Stewart and the Daily Show crew added an extra special geo-blocking message to Canadians to guide them in the right direction. It read: "Sorry, but this video is unavailable from your location. In case you can't give up your free healthcare and move to America, you can watch The Daily Show With Jon Stewart on TheComedyNetwork.ca." Classic.

Roasting Rob Ford

By far the most fun Jon Stewart ever had ribbing Canada revolved around our country's most notorious mayor, Rob Ford. Listening to Stewart's epic water spitting retelling of the former Toronto mayor's misadventures with crack, misogyny and the media in 2013 and 2014 were the best.

Perhaps his best Ford piece was his early 2014 '2 Broken Guys' rant where he paired "Sir Smokes A Lot Of Crack" with an extra-insufferable Justin Bieber to ask his audience "What the f***'s going on in Canada?" We still don't know. We're gonna miss you up here, too, Jon!

GETTY IMAGES

TALK SHOW

CBC TV co-host dies at 49

Design personality Chris Hyndman, an accidental TV star best known for his on-screen and off-screen partnership with fellow decorator and husband Steven Sabados, has died.

CBC announced the news Tuesday and took the duo's daily lifestyle series Steven and Chris off the air out of respect for Hyndman's friends and family. Hyndman was 49.

His sudden passing drew condolences from famous colleagues across the industry, including good friend Jeanne Beker who called Hyndman one of her closest friends.

"When my marriage broke up in 1998 Chris scraped me off the floor," an emotional Beker recounted by phone from New York.

Toronto police say Hyndman was found without vital signs in a laneway near the intersection of Queen St. E. and Broadview Ave. shortly after 11 p.m. on Monday.

Police are not appealing for witnesses, though it remains a "completely open investigation," said Toronto police Det. Terry Wray. THE CANADIAN PRESS/TORSTAR NEWS SERVICE

From left, Steven Sabados, Theresa Albert and Chris Hyndman. CONTRIBUTED

REMEMBERING A FRIEND, COLLEAGUE

Metro's food columnist Theresa Albert, who was a regular guest on Steven and Chris for five years, shares her fond memories of Chris Hyndman.

Chris had that special way of making you feel like the only person in the room.

I remember arriving at CBC for the show and having him beam his brilliant smile and say, "Hey, gorgeous!"

Chris always set the tone of the show from the minute of arrival as a cheery place to be. I could always count on him for comic relief when things were show-biz intense.

Once, when Steven and I were trying to meticulously cook and get important news on sodium conveyed, Chris — who could be counted on for hijinks, or a silly quip — dropped his spoon, pretended to cut himself and cunningly ate some potato chips on my "Do NOT eat" side of the table. He would do anything just to get my goat and guffaw.

A spoonful of Chris's goofy sugar was sure to help my medicine go down.

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metro DRIVE

Your essential daily news

Jeremy Clarkson reuniting with Top Gear team for new Amazon Prime show

GLA 250 built for bumpy roads

ROAD TESTED

THE CHECKLIST | 2015 MERCEDES-BENZ GLA 250

THE BASICS

Type. Four-door, five-passenger compact hatchback
Engines (hp). 2.0-litre turbo four-cylinder (208)
Transmission. 7-speed dual-clutch automatic
Price. Base $37,200, as-tested $45,175 (plus destination)

COOL FEATURES

- Automatic engine idle shut-off
- Off-road downhill speed regulation
- Heated windshield washers
- Rain-sensing wipers
- 12-way power-adjustable front seats
- Automatic brake hold
- Available panoramic sunroof
- Available bi-xenon headlamps

JILL MCINTOSH/FOR METRO

POINTS

- The GLA's transmission uses two internal clutches, rather than a torque converter, for faster shifts and better fuel efficiency.
- The optional rearview camera hides under a cover when not needed, providing a clear picture in rain or snow.
- The tablet-style infotainment screen is on top of the dash to keep the user's eyes up and toward the road.

MARKET POSITION

Several premium-brand automakers are offering lower-priced and entry-level vehicles, appealing both to new customers who haven't been able to move into the higher-priced offerings, or existing ones adding a second car alongside a higher-level one.

THE COMPETITION

BMW X1
Base price: $36,990

Audi A3 Sportback TDI
Base price: $36,600

Infiniti QX50
Base price: $34,950

REVIEW

Higher ground clearance, AWD are pluses, but interior could be better

Jil McIntosh
For Metro

Mercedes-Benz made its name in North America by selling large luxury cars, but in recent years, the company and its premium-brand rivals have been introducing the smaller and lower-priced models that have been a mainstay in Europe for years. For 2015, it adds an all-new compact crossover, the GLA.

The GLA shares its platform and much of its interior design with the CLA-Class four-door sedan, and is available as my tester, the GLA 250, starting at $37,200. You can also get the sportier and more powerful GLA 45 AMG, beginning at $50,500. Both use 4Matic all-wheel drive, but unlike on most Benz products, it runs primarily in front-wheel drive, sending up to 50 per cent of power to the rear wheels only when it determines that they're slipping.

The GLA 250 uses a turbocharged 2.0-litre four-cylinder engine with seven-speed automatic transmission. It's peppy enough right off the line, but the transmission isn't always smooth. It also shifts into the highest gears as soon as possible for fuel economy, and the GLA can feel a little wrung-out after that initial burst. However, you can use the wheel-mounted paddle shifters for more transmission control.

> **It's peppy enough right off the line, but the transmission isn't always smooth.**

The ride is very firm, bordering on harsh, but on the plus side, the GLA's all-wheel drive and higher ground clearance actually work very well on rougher roads such as cottage trails.

This is a compact vehicle and so the interior's a bit tight, but the seats are very supportive, and the rear seats fold down to increase the cargo capacity. My tester had several option packages on it, which added such things as automatic climate control, navigation, rearview camera, blind spot monitor, and power liftgate, bringing it to $45,175. That also included some handsome optional aluminum trim, but the GLA's cabin includes a lot of hard, plain plastic, and the interior overall didn't quite look as upscale as the price.

Buyers can also consider Mercedes-Benz's B-Class hatchback, which isn't quite as sporty-looking, but comes with the same engine and starts at $31,300 in front-wheel, or $33,500 in all-wheel drive.

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All In Price $26,299

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All In Price $17,589

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Honda puts brakes on CNG vehicles

TEXT AND IMAGES BY WHEELBASE MEDIA

DEVELOPMENT

Compressed natural gas out, electric in

Honda is in the process of phasing out efforts to develop natural-gas-powered vehicles and will instead focus on gas-electric hybrids and electric-vehicle development. The automaker is developing a next-generation, two-motor hybrid system that will appear in a new Accord due by 2018, reports Automotive News. A new plug-in hybrid, a new battery electric car and a three-motor hybrid system are also in the works. Honda will stop selling the natural gas-powered version of the Civic and the Civic Hybrid this year.

CHARGING STATIONS

A bright idea for EVs

Mini is touting a new technology that would allow plug-in electric vehicles to be charged by street lights. With its modular LED (light-emitting-diode) design, the Light & Charge street light is far more energy efficient than conventional street lighting, provides more effective illumination, and could greatly — and cost-effectively — increase the number of public charging points. An electric vehicle's charging cable joins to a standard connector on the light pole, while an integrated control panel allows drivers to start charging with the swipe of a card, regardless of vehicle model.

PRODUCT LINEUP

BMW's future is electric, report says

BMW plans to convert the bulk of its product lineup to electric power over the next 10 years, according to British magazine Autocar. Virtually every BMW model would be powered by electric motors, with all-wheel-drive and range-extending engines throughout the line. Even BMW's core model, the high-volume 3 Series sport sedan, would be included. BMW has concluded, the magazine says, that it must convert all its vehicles to some configuration of plug-in hybrid, lower their weight dramatically to compensate for larger battery packs, and make them far more aerodynamic.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

ENERGY

G7 leaders commit to end fossil-fuel use, eventually

The leaders of the G7 countries, which include the United States and Canada, say they will use their collective influence to try to end global fossil-fuel consumption by the end of this century. Their intent, they say, is to cut usage by 40-70 per cent from 2010 levels by 2050, with the remaining consumption to end completely by 2100.

The leaders' declaration called for an end to fossil-fuel subsidies and investments to encourage the use of renewable energy in developing countries. The International Monetary Fund states such subsidies are costing world governments $5.3 trillion US per year when costs related to climate change are included.

ENTERTAINMENT

Retro arcade racing rises again

Three games are poised to take on '80s- and '90s-inspired arcade racing with renewed vigour, as Power Drive 2000, Slipstream and Drift Stage look to classics like OutRun and Ridge Racer for authenticity and inspiration.

Power Drive 2000

Date: May 2016

Platforms: Mac, Windows, Linux, PlayStation 4

Megacom Games' Power Drive 2000 is the most free in its interpretation of '80s style. Shiny and well-textured roads, glossy vehicle exteriors, and period design motifs filtered through a mid-2010s perspective make for plenty of neon on show. Its Hyperdyne Motors Avenger 2000 doubles down on Knight Rider references by accommodating an AI called CAT.

Slipstream

Date: Q3 2015

Platforms: Mac, Windows, Linux

Slipstream's revisiting of early '90s racing standards pursues a 3D effect using 2D graphics only, for genuine period feel. Just as in OutRun, drivers choose from two roads after completing each stage, en route to their ultimate destination.

Drift Stage

Date: Late 2015

Platforms: Mac, Windows, Linux

Drift Stage takes influence from the mid-'90s, when flat sprite graphics were being replaced by blocky 3D polygons. Its references expand to OutRun 2, Ridge Racer and Daytona USA; it's all about taking corners at high speed, tires squealing and steering wheel jammed into an opposite lock.

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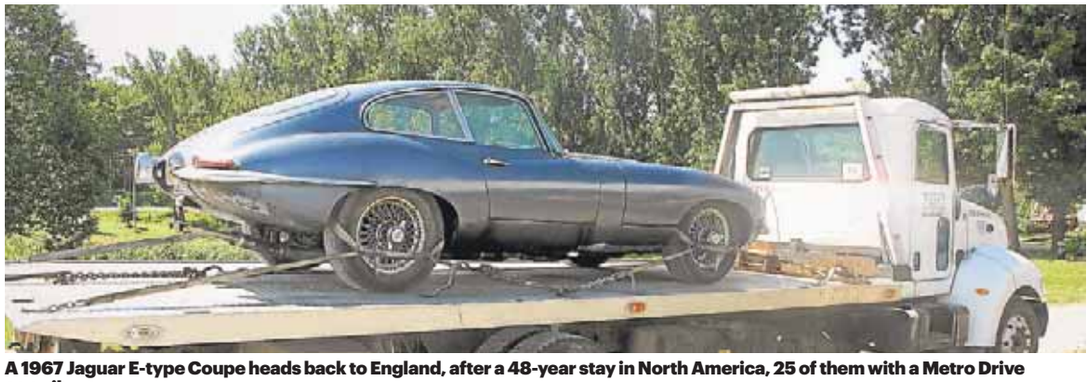

A 1967 Jaguar E-type Coupe heads back to England, after a 48-year stay in North America, 25 of them with a Metro Drive contributor. MIKE GOETZ/FOR METRO

Mike sells the Jag

VINTAGE RIDE

'My' E-type moves on to next custodian

AUTO PILOT

Mike Goetz

Just sold a vintage Jaguar sports car I've owned since 1990.

I guess I'm in an adjustment period at the moment. Will probably survive.

This Jaguar is a two-seater E-type Coupe, built in June of 1967, with a dark blue exterior, and a light blue leather interior. It has wire wheels and a thin-rimmed wooden steering wheel. As all E-types of that era, it is powered by Jaguar's lusty 4.2-litre DOHC straight six-cylinder engine.

More than one person has noticed that this original incarnation of the E-type, in both convertible and coupe form, is a very pretty car. Enzo Ferrari famously called it "the most beautiful car ever made."

I acquired the car from a youngish couple that lived on a farm near Guelph, Ont. They purchased the vehicle from a used car dealer in Kitchener-Waterloo in 1982.

Jaguar Cars Ltd. can send you an official document outlining the original specifications of your vintage Jaguar and its first owner. That is how I know the first owner of this vehicle to be a certain Manfred Dee Koch, Jr. of Grove City, Pa. I assume he had the car for at least three years, so only the ownership span, say, between 1970 and 1982 is unknown, or at least unknown to me.

My tenure with the car — in précis:

Took out a three-year car loan to purchase the car and vowed not to spend too much money on it until it was paid for.

Drove it, loved it, maintained a file on things I would like to fix and/or modify … at some future point.

As soon as it was paid for, got married, had kids, and moved into a house with a rather large mortgage and *no* garage. When it came out of indoor storage for the winter, it was parked in a mutual driveway, where I had a good view of it from the porch.

Fretted about rain; my neighbour began calling me by the name of a well-known local TV weatherman, because he knew as soon as I got my tarps and bungee cords out to bundle it up, rain was surely on its way.

Took lots of people, including many kids, for drives.

During the last few years it was evident a complete restoration was in order and that I was not the man for the job; I don't have the resources and talent to do it myself, and am not prepared to pay the going rate to have it done professionally ($100,000-plus).

WORK OF ART

The E-type is only one of three automobiles in the permanent design collection of The Museum of Modern Art in New York.

So I sold the Jaguar to a great guy in England who wants to restore the car by his own hands, or as much of it as he can.

Because the brakes were not working too well at the moment, I had it towed to Interspan, the company that my buyer hired to ship the car to England. My last drive in "my" E-type was around the Interspan parking lot, and up the ramp into the warehouse.

After that was done, I asked them to take one final picture of me with the car. Then the owner of Interspan, Jim Robinson, and I shook hands and he walked me out. I turned back to watch him pull the big garage door down, to close up the warehouse. I took a picture of the closed door.

Since its introduction in 1961, the Jaguar E-type has been heralded as an iconic automotive design. COURTESY JAGUAR

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Floyd Mayweather Jr. says his final career fight will be against Andre Berto on Sept. 12

IN BRIEF

Tigers president and GM Dombowski replaced by assistant Avila

Dave Dombrowski is out as president and general manager of the Detroit Tigers, ending a run of nearly 14 seasons in which he helped turn the franchise from an afterthought into one of the American League's powerhouses.

The Tigers announced the move Tuesday. Dombrowski, who was in the last season of his contract, is being replaced by Al Avila, who has served as his top assistant since 2002.

Dave Dombrowski THE ASSOCIATED PRESS

Detroit has won four consecutive AL Central titles, a streak that seems almost certain to end this year. The Tigers entered Tuesday night's game against Kansas City trailing the first-place Royals by 11-1/2 games.

The 59-year-old Dombrowski is likely to draw interest around the majors. THE ASSOCIATED PRESS

World Rowing to seek viral tests for Rio water

The head of the governing body of world rowing said Tuesday he will ask for viral testing at the rowing venue for next year's Rio Olympics, and he expects all other water sports in Rio to follow suit.

The move comes after an Associated Press investigation last week showed a serious health risk to about 1,400 Olympic athletes who will compete at water venues around Rio that are rife with human waste and sewage. Following AP's study, the World Health Organization advised the International Olympic Committee to analyze viral levels in Rio waters.

"Together with the WHO and the IOC, we're going to follow what they say," Matt Smith, CEO of World Rowing, told AP. "We will ask that viral testing is done. If there is a problem, we will react. It's our moral duty." THE ASSOCIATED PRESS

Larin returns home as hottest player in MLS

SOCCER

Rookie has 11 goals; Orlando to play TFC on Wednesday

With five goals in his last two games, the hottest player in Major League Soccer is 20-year-old Bramptonian Cyle Larin.

And Toronto FC, which is leaking goals at the moment, will have to deal with him when Orlando City SC visits Wednesday.

With just five points separating the second-place New York Red Bulls (9-6-5) and seventh-place Orlando (7-9-6), points are at a premium in the East. Toronto (8-8-4) stands fifth, with the top six making the playoffs.

With 12 regular-season games remaining, Larin has already tied former Jamaican international Damani Ralph's 2003 MLS rookie record of 11 goals.

"It's been a joy watching you," tweeted Ralph, who is now a player agent.

Ralph, like Larin a product of the University of Connecticut, got his goals in 25 games. Larin, who played locally for Sigma FC growing up, has appeared in 16 games with 13 starts.

While he has been getting good service from the likes of Kaka, Corey Ashe and Carlos Rivas, Larin has a knack of ghosting into space and separating himself from defenders.

"He's been one-against-two at times in the (penalty) box but he's been able to create that yard or that window where he's turned things on goal and found the net," said Toronto FC coach Greg Vanney.

"We have to have physical presence on him," he added. "One guy has always to have contact with him. It can't be two of us just marking the space in front and behind."

Larin, a six-foot-two 190-pounder, ranks fourth in goal-scoring behind Columbus' Kei Kamara (15) and New York City's David Villa and Toronto's Sebastian Giovinco (both at 13).

Giovinco is making $7.12 million US this season while Villa is on $5.61 million and Kamara $536,667. Larin's salary is $167,000, according to the MLS Players Union.

The big rookie is good value in other ways.

Of Larin's 41 shots, 34 have come from inside the penalty box, according to MLS analyst Alex Olshansky. Larin's conversion rate is a remarkable 26.83 per cent, compared to the league average of 14.15 per cent.

Larin scored in his BMO Field debut, a 4-0 Canada World Cup qualifying win over Dominica in June. He expects an even bigger contingent of friends and family to be on hand Wednesday.

"It'll probably be the most I've ever had at a game ... I think it will be a good time," he said. THE CANADIAN PRESS

Orlando City SC's Cyle Larin recorded a hat trick against New York City FC on July 26 at Yankee Stadium. JASON DECROW/THE ASSOCIATED PRESS

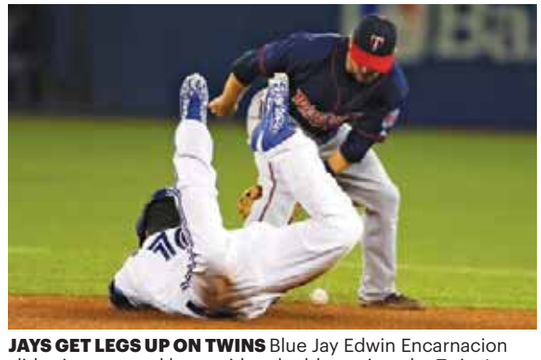
APOLOGY

Altidore answers to red card in weekend loss

Toronto FC striker Jozy Altidore has apologized for his sending off in a 3-1 weekend loss in New England, according to coach Greg Vanney.

Altidore, making his debut as Toronto captain in the absence of the injured Michael Bradley, was shown a straight red card for kicking out at Revs defender Jose Goncalves in the 39th minute.

"He's apologized to all of us. He knows he let the team down in a situation where we didn't need that," Vanney said. "He also had the responsibility of the (captain's) armband that night. So he's clearly aware of that."



JAYS GET LEGS UP ON TWINS Blue Jay Edwin Encarnacion slides into second base with a double against the Twins' Brian Dozier on Tuesday at Rogers Centre. Josh Donaldson and Troy Tulowitzki hit solo homers and the Jays won 3-1. Toronto has won the four-game series' first two legs and six of its last seven games overall. STEVE RUSSELL/TORSTAR NEWS SERVICE

MLB

Sanchez, Gibbons suspended

Major League Baseball suspended Toronto pitcher Aaron Sanchez for three games and manager John Gibbons for one game Tuesday as part of the fallout of a testy game between the Blue Jays and the Kansas City Royals.

MLB also fined Sanchez an undisclosed amount for intentionally throwing a pitch at Alcides Escobar with warnings in place during the top of the eighth inning of Toronto's 5-2 win Sunday. Sanchez denied intentionally hitting Escobar, arguing his pitch just got away.

> **If I wanted to send a message I would've sent a message to their big guys.**
> Aaron Sanchez

Sanchez said he won't speak on the suspension until after his appeal was heard by MLB.

"Hopefully they'll chip that down a little bit," said Gibbons about Sanchez's punishment. "But I think that's kind of automatic too after warnings when you get ejected for hitting a guy."

Gibbons was suspended for returning to the field following an ejection. He missed Tuesday night's home game against Minnesota.

Although he was allowed to set the lineup and address media before the game, Gibbons had to leave the clubhouse area before the opening pitch and was unsure of where in the stadium he'd watch the game against the Twins. THE CANADIAN PRESS

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IN BRIEF

Qatari diplomat takes aim at critics of 2022 World Cup

Qatar's top diplomat on Tuesday promised that his country would host a successful World Cup in 2022 and suggested that criticism of its successful bid was partly based on racism.

The bid is under renewed scrutiny following the launch of American and Swiss investigations into corruption at football's world governing body, FIFA.

In a wide-ranging interview with The Associated Press, Foreign Minister Khalid al-Attiyah reiterated Qatar's stance that it has and will continue to cooperate with investigators.

He said he was confident the event would go ahead and will be "the best World Cup ever."

THE ASSOCIATED PRESS

Gronk gets down to business with Patriots

Rob Gronkowski was asked if he dances his way to the bank with a $4 million New England Patriots' cheque in his pocket.

"I guess so," the smiling tight end said Tuesday, talking about his reworked contract that reportedly gives him $4 million of the $10 million bonus he had coming after the 2015 season. According to reports, the paying of that bonus would guarantee the rest of his deal through 2019.

"It's a great feeling," he said. "It's time to put that behind you and just play football now."

THE ASSOCIATED PRESS

Kent as passionate as ever

PARAPAN 2015

Reigning table tennis champ, 54, still has things to prove

Canadian table tennis competitor Ian Kent, 54, will defend his Parapan singles title in Toronto. STEVE RUSSELL/TORSTAR NEWS SERVICE

Ian Kent's specialty is singles table tennis but he faces two opponents every time he plays.

There's the one across the table that everyone can see, and the one that no one can see but Kent can feel.

That opponent — a movement disorder called dystonia — tells his body "in a very, very strong way" to do a back flip.

"That," he adds wryly, "is not conducive to good table tennis."

And Kent has always been about good table tennis.

He has been competitive from the moment he and his older brother started playing in the basement as kids in the 1970s through to more recent years when, despite his disability, he continued to beat everyone in Nova Scotia, including his adult sons, in able-bodied table tennis.

That's quite the athletic feat for a man in his 50s who uses a motorized scooter to get around.

Kent was a top Canadian junior player but he didn't quite make the grade for the senior team. Rather than leave the highest level of the sport, he threw himself into another aspect of the game: coaching.

He was the national team coach for seven years, starting in 1986, and he continued to play and win at the provincial level. He would go on to teach his three sons to play the game.

In short, table tennis was his life. Then, on Aug. 17, 1999, he woke up confused, with a twisted and contorted body.

"Two years later I got out of bed, once I was properly diagnosed and medicated, and learned to walk again," he says.

Dystonia is in the same family as Parkinson's disease and it affects each person differently. For Kent, when he stands up, it causes the muscles in his lower back to contract. The more he fights it, the more they contract, pulling his upper body backward.

Given how much of his life had been dedicated to table tennis already, it seems inevitable that Kent would take up the para version of his sport. But the transition wasn't automatic, or easy, for him.

"It was really my ego that got in the way. I didn't want to go back until I could really play," he recalls. At that point, he had been the provincial champion for two decades and his competitive nature didn't like the idea of losing.

He had to find the courage to play again, no matter the outcome. "To put myself out there as vulnerable as I was, realizing I was going to lose to most everyone," he says. "Eventually, I got the courage to go back to the sport I love because I wanted something to look forward to. I believe every human being needs something to look forward to."

STYLE

"I'm what is called a cerebral player," Kent explains. That, and he has a killer serve. "I gain massive advantage off my serves and, yes, that's the reason why I beat a lot of people that I beat," he says, grinning.

As it turns out, it wasn't long before Kent was winning in the para game and back to winning at the provincial level against able-bodied athletes, including his own adult sons.

But the 54-year-old from Eastern Passage, N.S., has a bigger goal in his sights right now. He's looking to defend his Parapan Am singles title and qualify for next summer's Paralympics in Rio. At the 2011 Guadalajara Parapan Ams he won gold in singles and silver in men's doubles, to add to the two silvers he picked up in those events four years earlier. He was 12th in singles at the 2008 Beijing Paralympics.

"Most of the athletes I play are half my age or less, so I recognize that my opportunities for doing something like this are dwindling. So, I'm doing what I call 'an all-in' for this," he says of his preparations for the 2015 Parapan Ams, where he starts competing in Markham on Saturday.

TORSTAR NEWS SERVICE

PREMIER LEAGUE PREVIEW

Chelsea repeat dependant on Costa's fitness, Falcao's form

Chelsea regained the Premier League trophy with such ease that Jose Mourinho felt his team's achievement did not get the recognition it deserved.

But as rival fans directed "boring" chants at Chelsea last season, their own teams were doing little to inject excitement in the pursuit of the title. From the first weekend of the season, Chelsea was on top and stayed there until collecting the trophy.

Surely it cannot be as straightforward again? That is likely to depend on how long striker Diego Costa stays injury-free and whether newcomer Radamel Falcao is more prolific in front of goal than during his insipid season at Manchester United.

"Very good player," is captain John Terry's assessment of Falcao. "Playing against him last season was excellent. His movement, his strength, his finishing's been different class."

Radamel Falcao GETTY IMAGES

While determined to win back-to-back league titles with Chelsea, Mourinho really craves a first European Cup for west London.

Chelsea's Champions League campaign ended last season before the quarter-finals, delaying Mourinho's bid to become the first manager to win European football's top prize with three different clubs after successes with Porto and Inter Milan.

Chelsea kicks off its title defence on Saturday against Swansea.

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PSYCHIC

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ALL RELIGIONS WELCOMED
100% GUARANTEE
Business, Love, Marriage, Education, Job Money, Children, Court, Husband-Wife, Relationship, sexual, personal matters etc.
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100% Guaranteed Results
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#7, INSIDE DOLLAR PLUS, NEXT TO UDHAYAS
KIPLING & STEELES

RECIPE Pork Loin with Pineapple Mango Salsa

EAT LIGHT AT HOME
Rose Reisman
rosereisman.com
@rosereisman

Serves 4.

Ready in
Prep time: 20 minutes
Cook time: 20 minutes

Ingredients
- 1lb pork tenderloin
- 1 Tbsp Dijon mustard
- 1/2 cup fresh diced pineapple
- 1/2 cup diced mango
- 3 Tbsp finely diced onion
- 3 Tbsp finely diced red bell pepper
- 3 Tbsp finely diced green bell pepper
- 1/4 cup finely chopped cilantro or basil
- 1 Tbsp freshly squeezed lemon juice
- 2 tsp orange juice concentrate
- 2 tsp honey
- 2 tsp olive oil

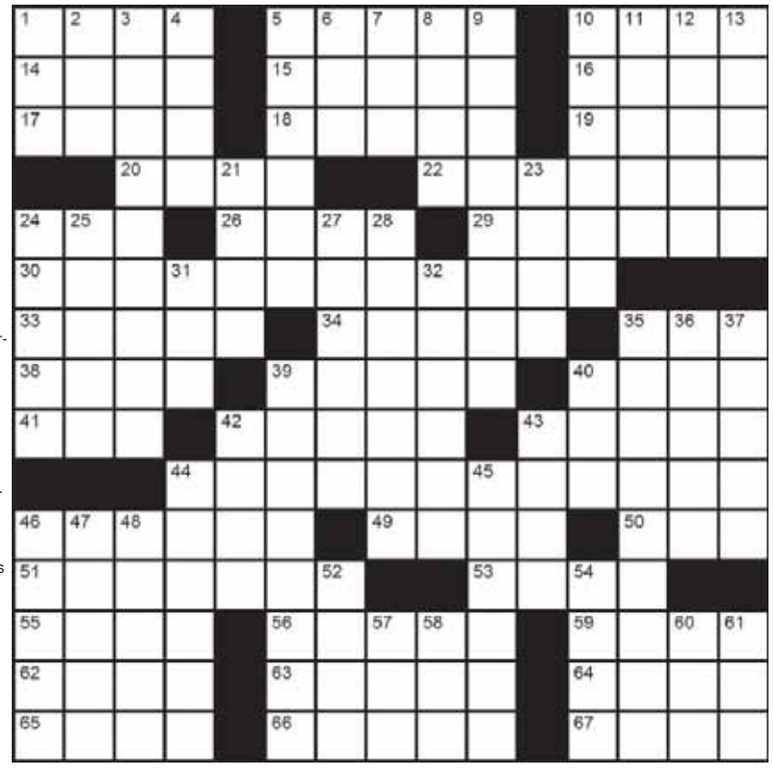
Directions
1. Preheat oven to 400 F.
2. In a large skillet sprayed with vegetable oil, sear pork tenderloin for about two minutes per side or until browned. Place on baking sheet lined with foil. Rub mustard all over pork. Bake for about 15 to 20 minutes or until internal temperature reaches 145 F for medium. Let sit covered while preparing salsa.
3. To make the salsa: Place the pineapple, mango, onion, red and green pepper, cilantro, lemon juice, orange juice concentrate, honey and oil in a bowl and mix to combine.
4. Slice the pork into medallions and garnish with salsa.

Nutrition per serving
- Calories 190
- Protein 24 g
- Total fat 5 g
- Cholesterol 75 mg
- Sodium 150 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Bandmate to Anthony Kiedis
5. Camouflage colour
10. Laddie's love
14. Curser's word!
15. Hawkeye State denizen
16. Ruler measurement
17. Not much, just _ __
18. Comb parts
19. Buffalo type
20. Name things on a pad
22. SPF lotion wearer's avoidance
24. "Halo" songstress, to fans
26. Put a 'roof' on a room
29. 1980s hairstyle
30. Concern for a cross-border shopper: 2 wds.
33. Flight segment
34. Persons, places and things
35. Dry, as wine
38. Misjudges
39. Shampooing direction
40. Jane Austen novel
41. Road covering
42. Annoy: 2 wds.
43. Without the extras
44. California setting of Canadian actor Jason Priestley's 1990 to 2000 series: 2 wds.
46. Calm
49. Kaput
50. Sanction
51. Singer/actress Ms. Chenoweth
53. Whispery word
55. Content or data, briefly
56. Abate: 2 wds.
59. Like an acorned tree
62. Elevator, to a Brit
63. Baggy, as clothing
64. Ice mass
65. Not as much
66. Door sign
67. Comparable

DOWN
1. U.S. health-related agcy.
2. Research __
3. Canadian painter, b.1871 - d.1945: 2 wds.
4. __-inflammatory
5. Baby cat
6. Furrow maker
7. __-inspiring
8. Kit __ (Some chocolate treats)
9. Brutish
10. Legally accountable
11. Void
12. Sports game outcome
13. Shall not
21. Stitches reminder
23. Pecans
24. Badger
25. Bonus
27. Light with a match
28. Musician/poet Mr. Cohen from Montreal
31. Howdies
32. Wind moving through tree leaves sound
35. Party conversation: 2 wds.
36. Mr. Hirsch of acting
37. Able, archaically
39. Rise and shine signaller in the military
40. The 'E' in REO, as per REO Speedwagon
42. Fine fellow
43. High degs.
44. Stupefies
45. Fido, when emitting a high-pitch bark
46. Talent
47. Bert's pal
48. Bits of jazz
52. City sign's light
54. Couch
57. Small fry
58. Bring into play
60. Garden pond fish
61. Languish

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
For each thing you have lost over the past few weeks you have gained something much more valuable, and with each apparent failure you have made long-term success more likely.

Taurus April 21 - May 21
You will tell others what you think of them today. However, you could be too honest for your own good. Be truthful about their good points, but play down their bad if possible.

Gemini May 22 - June 21
You have given a lot in recent weeks and you will be expected to give even more today. Where affairs of the heart are concerned there is no limit to your generosity and, somehow, the more you give the more you get.

Cancer June 22 - July 23
These may be difficult times but it's not as bad as you like to make out. Put your work and well-being first today and start doing things that will help make your dreams come true.

Leo July 24 - Aug. 23
No matter how difficult the past few weeks, the next few will more than make up for them. It will start to go right for you again and your confidence will come flooding back.

Virgo Aug. 24 - Sept. 23
If you have any errands to run then get on them now because you won't have time later in the week. Besides, you will want to spend time and energy on more personal things. How's your love life?

Libra Sept. 24 - Oct. 23
Money matters have been a source of both joy and despair in recent weeks. Now you can see what needs to be done to return to profitable ways. So do it.

Scorpio Oct. 24 - Nov. 22
Your mind may be full of big ideas but are they good ideas? You will accomplish more if you focus on one thing at a time and put the rest out of your mind.

Sagittarius Nov. 23 - Dec. 21
Many things you have been worrying about will resolve themselves in your favour. Look back over the past few months and work out where you went wrong. It's never too late to learn.

Capricorn Dec. 22 - Jan. 20
If you get the chance to socialize today you are strongly advised to forget about work and have fun with friends. Later in the month you will become a lot more reserved, so get the most from your social life now.

Aquarius Jan. 21 - Feb. 19
You may have missed out on a chance to move up in the world but will be more opportunities in the near future. People in positions of power are looking to be impressed.

Pisces
Feb. 20 - March 20
You seem to have more options than you know what to do with. For a Pisces it can be a problem. Select a goal and stick with it.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			5		6			
	3		8		7		9	
		1				2		
8	4						1	3
6	5						8	7
		3				6		
	2		9		8		4	
			4		3			

Difficulty Level ★★★★★

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KIA

CLEAR THE LOT

CLEAROUT ON ALL 2015s

UP TO

0% FINANCING + $6,000

IN DISCOUNTS ON SELECT MODELS[Φ]

OFFER ENDS AUGUST 31ST

Rio4 SX with Navigation shown‡ – Cash purchase price $24,064
HWY / CITY 100KM^: 6.3L/8.8L

2015
RIO LX MT

Clef d'or "Best in Class"
L'ANNUEL DE L'AUTOMOBILE 2015

WELL-EQUIPPED FROM
$10,634*

INCLUDES
$5,030* IN CASH DISCOUNTS

INCLUDES:

- STEERING WHEEL AUDIO CONTROLS
- AUX & USB INPUTS
- 6 AIRBAGS

Forte SX AT shown‡ – Cash purchase price $28,364
HWY / CITY 100KM^: 6.1L/8.8L

2015
FORTE LX MT

5-Star Safety Ratings
More Stars. Safer Cars.

WELL-EQUIPPED FROM
$12,994*

INCLUDES
$4,570* IN CASH DISCOUNTS

INCLUDES:

- BLUETOOTH HANDS-FREE CONNECTIVITY
- STEERING WHEEL AUDIO CONTROLS
- 6 AIRBAGS

Optima SX Turbo shown‡ – Cash purchase price $36,564
HWY / CITY 100KM^: 5.7L/8.9L

2015
OPTIMA LX AT

2015 IIHS TOP SAFETY PICK

WELL-EQUIPPED FROM
$21,464*

INCLUDES
$5,000* IN CASH DISCOUNTS

INCLUDES:

- BLUETOOTH HANDS-FREE CONNECTIVITY
- STEERING WHEEL AUDIO/CRUISE CONTROLS
- HEATED FRONT SEATS

INTRODUCING LOW LEASE RATES ON THE 2016s

Sorento SX Turbo AWD shown‡ – Cash purchase price $43,944
HWY / CITY 100KM^: 9.3L/12.3L

2015 SORENTO
"HIGHEST RANKED MIDSIZE SUV IN INITIAL QUALITY IN THE U.S."

That's like paying only
$75 WEEKLY[Ω]

THE ALL-NEW 2016
SORENTO 2.4L LX FWD

LEASE FROM **$326**[Ω] MONTHLY WITH $1,800 DOWN AT **0.9%** APR FOR 36 MONTHS[✓]

2015 IIHS TOP SAFETY PICK

KIA
The Power to Surprise

KIA | Finance

5 Year Warranty — WE'VE GOT YOU COVERED
5-year/100,000 km worry-free comprehensive warranty.

Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies. Prices do not include fuel-fill charges up to $100, dealer administration fees licensing or applicable taxes.

See **kia.ca** for more

Offer(s) available on select new 2015/2016 models through participating dealers to qualified retail customers who take delivery from August 1 to 31, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing and payments includes delivery and destination fees up to $1,715, $5 OMVIC fee, $29 tire fee, and $100 A/C charge (where applicable). Excludes other taxes, licensing, PPSA, registration, insurance, variable dealer administration fee, fuel-fill charges up to $100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. *0% financing and up to $6,000 discount are available on select 2015 models and are deducted from the negotiated purchase/lease price before taxes. Certain conditions apply. See your dealer for complete details. **Representative Financing Example:** Financing offer available on approved credit (OAC), on a new 2015 Rondo LX AT Winter SE (RN75SF) with a selling price of $27,244 is based on monthly payments of $443 for 48 months at 0% with a $0 down payment, $0 security deposit and first monthly payment due at finance inception. Offer also includes a $6,000 financing discount. **Cash Purchase Price** for the new 2015 Rio LX MT (RO54IF)/2015 Forte LX MT (FO54IF)/2015 Optima LX AT (OP742F)/2015 Rondo LX AT Winter SE (RN75SF) is $10,634/$12,994/$21,464/$21,244 and includes a cash discount of $5,030/$4,570/$5,000/$6,000. Dealer may sell for less. Other taxes, registration, insurance and licensing fees are excluded. Cash discounts vary by model and trim and are deducted from the negotiated selling price before taxes. ✓**Representative Leasing Example:** Lease offer available on approved credit (OAC), on new 2016 Sorento 2.4L LX FWD (SR75AG) with a selling price of $29,344 is based on monthly payments of $326 for 36 months at 0.9%, $0 security deposit, $1,800 down payment and first monthly payment due at lease inception. Total lease obligation is $11,720 with the option to purchase at the end of the term for $16,414. Lease has 16,000 km/yr allowance (other packages available and $0.12/km for excess kilometres). Lease discounts vary by model and trim and are deducted from the negotiated selling price before taxes. ΩLease payments must be made on a monthly or bi-weekly basis but cannot be made on a weekly basis. Weekly lease payments are for advertising purposes only. ‡Model shown Manufacturer Suggested Retail Price for 2015 Forte SX (FO748F)/2015 Rio4 SX with Navigation (RO749F)/2015 Optima SX Turbo AT (OP748F)/2016 Sorento SX Turbo AWD (SR75IG) is $26,695/$22,395/$34,895/$42,095. ^ Highway/city fuel consumption is based on the 2015 Rio LX+ ECO AT/2015 Forte 1.8L MPI 4-cyl AT/2015 Optima 2.4L GDI AT/2016 Sorento SX 2.0L Turbo AWD. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. The Kia Sorento received the lowest number of problems per 100 vehicles among midsize SUVs in the proprietary J.D. Power 2015 U.S. Initial Quality Study℠. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). The Rio was awarded with the Clef d'or "Best in Class" by L'Annuel de l'automobile 2015. Visit www.annuelauto.com for all the details. The 2015 Optima was awarded the 2015 Top Safety Pick by the Insurance Institute for Highway Safety (IIHS) for model year 2015. U.S. model tested. Visit www.iihs.org for full details. The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.